















Allergen Information sheet - Lunch Delivery Menu

DISHES														
	Celery	Cereals W/Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sanwiches and Baguettes and Wraps		x		x	x	x	x	x	x	x		x	x	x
Seafood														
Salmon and Cream Cheese	x	x		x	x		x	x		x	x	x	x	
Smoked Salmon & Horseradish	x	x		x	x		x	x	x	x	x			
Tuna Mayo and Red Onion	x	x		x	x		x	x	x	x	x	x	x	
Prawn W/Marie Rose Sauce	x	x	x	x	x		x	x	x	x	x	x	x	
Meat														
Chicken Coronation	x	x								x	x	x	x	
Chicken Tikka	x	x					x			x	x			
Chicken, Stuffing and Cranberry	x	x							x	x	x	x	x	x
Chicken Mayo	x	x					x			x	x	x	x	
Beef and Horseradish	x	x							x	x	x	x	x	x
Sausage W/Sauce	x	x								x	x	x	x	x
Ham and Pickle	x	x					x			x	x	x	x	x
Cheese and Ham	x	x					x			x	x	x	x	x
Chicken Bacon and Stuffing	x	x		x			x		x	x	x			
Vegetarian														
Cheese and Pickle	x	x					x			x	x	x	x	
Egg and Cress	x	x		x			x		x	x	x	x	x	
Cheese	x	x					x			x	x	x	x	
Cheese and Tomato	x	x					x			x	x	x	x	
Egg Coronation	x	x		x			x		x	x	x	x	x	
Savoury														
Roasted Veg Quiche		x		x			x		x	x	x	x	x	x
Sausage Roll		x		x			x		x	x	x	x	x	x
Pork Pie		x		x						x	x			
Veggie Sausage Roll		x		x			x		x	x	x	x	x	x
Bacon and Cheese Quiche		x		x			x		x	x	x	x	x	x
Pesto Olive and Mozzarella Swirls		x		x			x		x	x	x	x	x	x
Stilton and Ren Onion Tartlets		x		x			x			x	x	x	x	x
Chicken and Cranberry Pastry		x		x			x			x	x	x	x	x
Chicken Tikka Skewers							x			x	x			
Lemon and Oregeno Skewers							x			x	x			
Savoury Muffin		x		x			x		x	x	x	x	x	x
Cheddar and Onion Tartlets		x		x			x		x	x	x	x	x	x
Roasted Pepper Tartlets		x		x			x		x	x	x	x	x	x
Rocket and Olive Salad										x	x	x	x	x
Cold Meat Platter		x							x	x	x		x	x
Warm Bread		x								x	x			
Cheeses Selection		x		x			x			x	x		x	x
Sweet														
Muffins		x		x		x	x			x	x			
Croissant and Pasties		x		x		x	x			x	x			
Selection of Cakes		x		x		x	x			x	x			x
Passion Fruit Yoghurt						x	x		x	x				
Fruit / Fruit Kebabs														
Additional														
Salad														
Tortilla Chips										x				
Hummus										x		x		
Crème Fraiche							x							
Sour Cream				x			x							x
Selection of Dips				x			x			x			x	x
Salsa										x				x

Allergen Information Sheet - Afternoon Treats /Lunch Delivery Menu

DISHES	 Celery	 Cereals W/Gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame Seeds	 Soya	 Sulphur Dioxide
Fruit		X												
Crisps		X												X
Selection of Cakes		X		X			X			X				X
Bread		X							X					
Marg							X		X					
Prawn & Mayo		X		X	X		X		X					
Smoked Salmon & Horseradish		X		X	X		X		X					
Tuna Mayo		X		X	X		X		X					
Flaked Salmon & Mayo		X		X	X		X		X					
Beef Horseradish		X		X			X		X					
Ham & Pickle		X							X					
Curried Chicken		X		X			X		X	X				
Chicken Mayo		X		X			X		X					
Chicken Bacon and Stuffing		X		X			X		X					
Egg and Cress		X		X			X		X					
Curried Egg and Cress		X		X			X		X	X		X		
Hummus		X		X					X					
Cheese and Pickle		X							X					
Cream Cheese and Tomato		X		X					X					

